

Senior Center Action News

**HAPPY
HALLOWEEN**



Co-Coordinator

Barbara Bajdas, President/Vice-President
Carol Kozlowski, Secretary/Treasurer

Board of Directors

Patricia Kibbe Robert Sobczak
Peggy Napoli Nancy Woloszyn
Cheryl Sheedy

Senior Citizens Center of Dunkirk, Inc.
45 Cliffstar Court
Dunkirk, New York 14048
366-7530

OCTOBER 2015





DUNKIRK SENIOR CENTER
45 Cliffstar Court
Dunkirk, New York 14048
(716) 366-7530

A Note From the Coordinators

Dear Members:

It is hard to believe that the leaves are falling and October is here. A few months ago it was announced that the Senior Center would have a travel club. Members who traveled earned one point for every day they traveled. There were 167 members who traveled this year. It is now time to cash in your points. They have no monetary value but may be used toward your next trip in 2015. Points cannot be held over into 2016. To find out how many points you have, please call the office. If you do not use your points they will be lost.

We enjoyed our trip to Atlantic City. The weather was great, the beaches were full and we seem to have had quite a few winners. Our hotel was beautiful, the food was great and the entertainment was fun. The Blue Angels were practicing for their annual air show, most of our travelers watched an exceptional two-hour Veteran's Parade on the Boardwalk, and some even saw the 2015 Miss America contestants practicing their wave for their special parade.

Our September Health Fair was very well attended by 168 people. There were approximately twenty-two vendors and presenters.

Beginning in October, Independent Health, Blue Cross and Blue Shield and United Health Care will hold open enrollment informational meetings at the Center on Tuesday and Thursday afternoons. Please check the monthly calendar for dates and times.

Regular programs will continue as usual. We would like to *congratulate* Tiffany Yericco on the birth of a beautiful daughter whom she named Violet. Tiffany is back at work leading the Monday - Wednesday - Friday exercise classes. The Center has purchased several new exercise bands for use as soon as they can be installed.

Big Bingo continues on Wednesday, October 14, November 18 and December 9. All members are invited.

The Dunkirk Farmer's Market has been extended through October or as long as weather permits.

Trips in October include an overnight casino trip to Pittsburgh on October 11 and October 12 and a trip to Letchworth State Park on October 20. There are still openings for both trips.

In November we will host a handicapped bus to Seneca Niagara Casino. At this time the trip is sold out.

Also looking ahead to November we are planning a Thanksgiving celebration on Sunday, November 15. We will enjoy delicious turkey dinner have a special prize raffle and a 50-50 drawing, a special Thanksgiving bingo will be played following the dinner and raffles. The cost of this dinner is \$5.00 and will be limited to the first 100 members.

Remember that the Center will be closed on Monday October 12 in celebration of Columbus Day.

Try to have some fun on Halloween, eating lots of treats!

Sincerely,



Barbara Bajdas, Co-Coordinator



**Carol Kozlowski, Co-Coordinator
Dunkirk Senior Center**



OCTOBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Aerobics w/Catherine 9:30-11:30 Board Meeting 12-3 Independent Health 1-3:30 Painters Club (TV Room)	2 9:00 Exercise w/Tiffany 1:00 Pinochle	3
4	5 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Pinochle	6 9:30 Aerobics w/Catherine 12:30 Mah Jongg (Library)	7 9-2 Farmer's Market 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1-3 Lake Shore Sr. Mtg.	8 9:30 Aerobics w/Catherine 10-2 United Senior Council County Meeting No Insurance Mtg. 1-3:30 Painters Club (TV Room)	9 9:00 Exercise w/Tiffany 1:00 Pinochle	10
11 Pittsburgh Casino Trip Oct. 11-12 	12 COLUMBUS DAY CENTER CLOSED! 	13 9:30 Aerobics w/Catherine 12-4 Blue Cross/Blue Shield 12:30 Mah Jongg (Library)	14 9-2 Farmer's Market 9:00 Exercise w/Tiffany 10:00 Coffee Hour 4:00 BIG Bingo	15 9:30 Aerobics w/Catherine 12-3 Independent Health 1-3:30 Painters Club (TV Room)	16 9:00 Exercise w/Tiffany 1:00 Pinochle	17
18	19 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Pinochle	20 9:30 Aerobics w/Catherine 12-4 United Health Care 12:30 Mah Jongg (Library) 9:30-7:00 Leitchworth State Park Trip	21 9:00 Exercise w/Tiffany 9-2 Farmer's Market Weather Permitting 10:00 Coffee Hour 1-3 Lake Shore Sr. Mtg.	22 9:30 Aerobics w/Catherine 11:30 RSVP Tribute Brunch (Invite Only—Held at the Moose Club) 12-3 Independent Health 1-3:30 Painters Club	23 9:00 Exercise w/Tiffany 1:00 Pinochle	24
25	26 9:00 Exercise w/Tiffany Followed by a Pizza Party 1:00 Pinochle 	27 9:30 Aerobics w/Catherine 12:30 Mah Jongg (Library)	28 9:00 Exercise w/Tiffany 9-2 Farmer's Market Weather Permitting 10:00 Coffee Hour 1-3 Lake Shore Sr. Mtg.	29 9:30 Aerobics w/Catherine 12-3 Independent Health 1-3:30 Painters Club (TV Room)	30 9:00 Exercise w/Tiffany 1:00 Pinochle	31



OCTOBER 12TH



DUNKIRK SENIOR CENTER

**45 CLIFFSTAR COURT
DUNKIRK, NEW YORK 14048
(716) 366-7530**

SPECIAL NOTICE

The Dunkirk Senior Citizens will be hosting the United Senior Council of Chautauqua County, Inc. on October 8, 2015. The meeting will be held at the Center at 10:00 a.m. We have arranged to have a guest speaker for the event. Mr. Michael Pease, CEO of the Chautauqua Center will give us an update of this federally funded health care clinic, which has locations in Dunkirk and Jamestown.

The meeting and presentation will not be long and refreshments will be served. This is an opportunity to meet members of other senior centers and HEAR what they are doing.

We would like as many members as possible TO attend and represent the Dunkirk branch. We will only be hosting the county group once a year. Please call us if you have any questions. We look forward to seeing you at the meeting.

Sincerely,

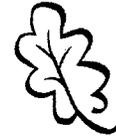
The Board of Directors

Dunkirk Senior Travel Committee
Sponsored Bus Trip to:

Pittsburgh Autumn Overnight



Casino Trip



October 11th (Sunday) – October 12th (Monday)

Cost: \$179.00 Per Person Double Occupancy or
\$259.00 Per Person Single Occupancy



Depart from Dunkirk on October 11 at 7:00 a.m.
Return Home on October 12 at 6:00 p.m.

October 11, 2015

Start out at the Dunkirk Senior Center as we load the bus and begin our "Gambling Get-away". First stop, *Rivers Casino* for a 3 hour stay and \$15.00 in slot play. Our second stop is the *Meadows Casino* for a 5 hour stay with a \$30.00 bonus. Concluding our day of gambling, we will head to the Hampton Inn hotel for the evening.

October 12, 2015

Hot Breakfast will be served at the hotel before we out for Presque Isle Downs & Casino for our last 4 hour stay of the trip. Enjoy \$30.00 + \$5.00 in slot play upon arrival. We will depart Presque Isle Casino at approximately 4:00 p.m. to arrive back at the Senior Center by 6:00 p.m.

This Package Includes:

- Roundtrip Transportation via D&F Travel Inc.
- Accommodations at the Hampton Inn
- Breakfast at hotel
- Rivers Casino Bonus (\$15)
- Meadows Casino Bonus (\$30)
- Presque Isle Bonus (\$30 + \$5)
- That's \$80 in slot bonus!
- ALSO. . . .
- 2 - \$5.00 Cash Prizes on Bus
- 50-50 Drawing
- Prizes
- Goodie Bags

Registration for trip begins Monday, July 6
at 9:00 a.m. – 12:00 noon at the Dunkirk Senior Center – 45 Cliffstar Court – Dunkirk, NY 14048

You may sign up yourself and one member!

Payment Schedule

Per Person/Double

\$50.00 Deposit Due on Day of Sign Up
\$50.00 Due on Monday, August 10
\$79.00 Due on Friday, September 4

** \$20.00 Optional Trip Insurance Due
Day of Sign Up.

NO REFUNDS

**THE DUNKIRK SENIOR CITIZEN'S
BOARD OF DIRECTORS
ARE SPONSORING**

BIG BINGO



Wednesday, October 14
Wednesday, November 18
Wednesday, December 9

**Dunkirk Senior Citizen's Center
45 Cliffstar Court - Dunkirk, NY
366-7530**

Doors open at 4:00 p.m.
Complimentary lunch, snacks & beverage at 4:30 p.m.
Bingo will be played at 5:00 p.m.

Come down and enjoy the fun and please bring a friend.
Bingo boards must be purchased at the door.

Please bring your own daubers if you have them!

The Dunkirk Senior Travel Committee is
Sponsoring a Fall Bus Trip to:

Letchworth State Park

Tuesday, October 20, 2015

**DUNKIRK SENIORS
PRESENTS:**

YOUR TRIP INCLUDES:

Depart from the Dunkirk Senior Center at 9:30 a.m.

Arrive at Letchworth State Park at 11:15 a.m.

Upon arrival lunch at the Glen Iris Inn at 11:30 a.m.: Your Roast Turkey Meal consists of a Traditional Thanksgiving of sliced turkey, bread stuffing, home-style gravy and cranberry sauce. Each meal is also served with a garden salad, warm rolls and butter, entrée side accompaniments, dessert and a choice of a non-alcoholic beverage.

After lunch the bus will head out for a guided tour at Approximately 1:00 p.m.

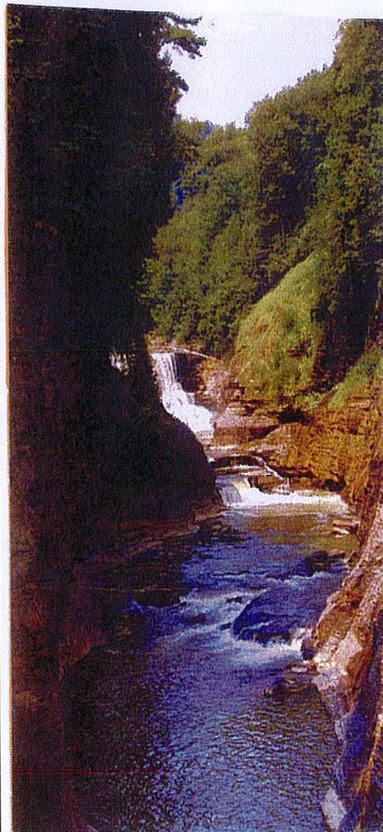
Following your guided tour you will return back to Glen Iris to walk around and see the beautiful fall scenery.

A final stop at the Abbey of Genesee Outlet (Monk's Bread) for your own bakery purchase.

****Note:** Restaurant and drivers tips are NOT included.

Depart Letchworth State Park at approximately 4:00 p.m. arriving back to Senior Center between 6:00 p.m. – 7:00 p.m.

*****Please be advised that this tour does involve walking. Wearing the appropriate clothing and comfortable shoes is strongly recommended.**



Spend the day in beautiful scenic Wyoming County at Letchworth State Park. Appreciate the historic, restored *Glen Iris Inn*, Letchworth's former residence, located on the top of a cliff overlooking Middle Falls.

Cost of Trip is:

\$60.00 Per Person

Registration for the Trip Begins on
Tuesday, September 8, 2015

From 9:00 a.m. – 12:00 noon

At the Dunkirk Senior Center

Located at 45 Cliffstar Ct. – Dunkirk, NY

You may sign up yourself and one member

**50/50 DRAWING, PRIZES
AND GOODIE BAGS WILL BE
PROVIDED FOR THE BUS TRIP!**

TRAVEL ACCOMMODATIONS PROVIDED BY: D&F TRAVEL INC.

First Come – First Served – NO Refunds

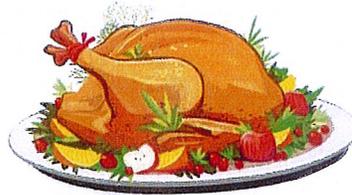




Dunkirk Senior Center
Invites You To a



Thanksgiving Turkey Dinner



Sunday, November 15, 2015

Doors open at 11:30 a.m.

Dinner served at 12:00 noon



COST: \$5.00 per member

*Join us for the feasting, reminiscing
and counting our blessings!*

MENU TO INCLUDE:

Turkey
Mashed Potatoes & Gravy
Stuffing
Corn



Cranberry Sauce
Dinner Roll & Butter
Dessert
Coffee/Tea



**Raffles – 50-50 - Prizes
Special Bingo**

Sign up will begin on Tuesday, October 6th (9:00 a.m. - 12:00 noon)

The Dunkirk Senior Center
45 Cliffstar Court – Dunkirk, NY 14048

NO TAKEOUTS - ONLY 100 TICKETS SOLD

First Come – First Served – NO Refunds



**Dunkirk Board of Directors
Are Sponsoring a**



FALL HARVEST



SENECA NIAGARA CASINO

Tuesday, November 10, 2015

Cost: \$25.00

Departure Time: 9:30 a.m.

Return Time: Approx. 5:00 - 6:00 p.m.

Trip to Include:

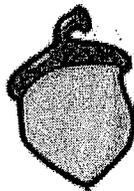
Bus Transportation & Tip

\$20.00 Free Slot Play

\$5.00 Food Voucher

2 - \$5.00 Cash Prizes

Goodie Bags and 50-50 Drawing



Registration for trip will begin Tuesday, September 22, 2015

The Dunkirk Senior Center

45 Cliffstar Court - Dunkirk, NY

9:00 a. m. to 12:00 noon weekdays

You may sign up yourself and one (1) member

NOTE: THIS IS A HANDICAPPED ACCESSIBLE BUS



**First Come - First Served
No Refunds**



**STAR PROGRAM – the filing date for the City of Dunkirk is May 1, 2016,
this date applies to the City of Dunkirk Only.**

Enhanced STAR

Who needs to apply?

Residents who are turning 65 in 2016 and have a total household income of \$84,550 or less.

What do you need to apply?

ID –Drivers License and a copy of your most recent NYS Income Tax return.

If I have been on the Enhanced Program do I need to apply?

If you are 65 or older and **do not** file a **New York State Income Tax** then you must come to the Assessor's Office in City Hall with all of your income statements annually.

What constitutes my income statements?

- Social Security Statement
- Pension Statement
- Salary or Wages
- Bank or Bond Interest
- Income from rental property

Basic STAR

Who needs to apply?

Residents under the age of 65 who have purchased a house in the City of Dunkirk after May 1, 2015. Home owners that have never received the Basic STAR Exemptions or Seniors 65 and older that do not qualify for the Enhanced Star Program.

What do I need to apply?

All you need to do is fill out an application.

Is there an income limit for the Basic Star Exemption?

Total house hold income must be less than \$500,000

These exemptions are available on your primary residence only.

If you have any questions please call the Assessor's Office at 366-9836 or 366-9846

**A Senior Moment
Is just a
Wrinkle
in Time**

The Senility Prayer

God, grant me the Senility to forget the people I never liked anyway, the good fortune to run into the ones that I do, and the eyesight to tell the difference.

Now that I'm older, here's what I've discovered:

1. I started out with nothing, and I still have most of it.
2. My wild oats have turned into prunes and bran.
3. I finally got my head together; now my body is falling apart.
4. Funny, I don't remember being absent minded....
5. All reports are in; Life is now officially unfair.
6. If all is not lost, where is it.
7. It is easier to get older than it is to get wiser.
8. Some days you're the dog; some days you're the hydrant.
9. I wish the buck stopped here; I sure could use a few.
10. The only time the world beats a path to your door is when you're in the bathroom.
11. If God wanted me to touch my toes, he would have put them on my knees.
12. It's not hard to meet expenses...they're everywhere.
13. The only difference between a rut and a grave is the depth.
14. These days, I spend a lot of time thinking about the hereafter...I go somewhere to get something, and then wonder what I'm hereafter.

October Birthdays



Linda Gillson	(October 2)	Theresa Lotter	(October 15)
Gladys Roman	(October 2)	Victoria Stelmach	(October 15)
John Crockett	(October 5)	Fritz Worosz	(October 16)
James Schnarrs	(October 5)	Diane Chodan	(October 17)
Kathleen Stempkowski	(October 6)	Art Casella	(October 20)
Cathy Pagett	(October 8)	Nancy Guido	(October 21)
Susan Polisoto	(October 8)	Barbara Carver	(October 22)
Sally Dolce	(October 10)	Dolores Dudek	(October 22)
Daniel Jakubowicz	(October 10)	Nancy Larson	(October 25)
Nancy Nocek	(October 10)	Jean Wilt	(October 25)
Eugene Wlodarek	(October 10)	Jean Kubera	(October 26)
Beatrice Price	(October 11)	Julie Mroczka	(October 26)
Nancy Michalski	(October 12)	Daisy Torres	(October 26)
Barry Wavalene	(October 13)	James Halas	(October 29)
Sara Azeez	(October 14)	Gerald Haase	(October 30)
Susan Johnson	(October 14)	Carol Gregoreski	(October 31)
Thomas Lokietek	(October 15)		

IMPORTANT PHONE NUMBERS

Dunkirk Senior Center.....	366-7530
Chautauqua County Office for the Aging.....	363-4471
Dr. Mary Ann Spanos	
Chautauqua County OFA Senior Services.....	363-3865
Kate Finch	
Chautauqua County Veterans Services.....	268-6030
Lori Dispenza	
CARTS.....	366-4500
Newsletter Coordinator.....	366-9885
Patricia Pleszewski	

LIFE STOPS WHEN YOU STOP DREAMING,

*Hope ends when you
stop believing,*

*LOVE ENDS WHEN YOU STOP CARING,
friendship ends when you stop sharing.*



Do you enjoy playing pinochle?? If you do, why don't you join the Dunkirk Senior Pinochle group that meets on Mondays and Fridays at the Dunkirk Senior Center at 1:00 p.m. It's a great time and it is not expensive. Just \$1.00 a week and that is all returned to you in the form of table prizes. There is a prize for the monthly high score. So think about it and come down and join the fun. The following is the latest monthly winners.

High Score for the month of AUGUST is Ed Long- 2669

MONDAY AFTERNOON PINOCHLE

August 24, 2015

Jeanne Hauser 5650
 Paul Luczkowiak 5610
 Ed Long 5400
 Phyllis Laurito 5350
 Betty Korzeniewski 5230
 Double Pinochle: Arlene Stockweather

August 31, 2015

Dee Griewisch 5470
 Jug Jensen 5280
 Marian Genovese 5180
 George Stephen 5020
 Double Pinochle: Dee Griewisch

September 7, 2015

**LABOR DAY!
 NO PINOCHLE**

September 14, 2015

Jenny Kubera 5730
 Betty Korzeniewski 5570
 Jug Jensen 5230
 Double Pinochle: Jenny Kubera

September 21, 2015

Ray Dudek 5250
 Evelyn Ogden 4970
 Betty Korzeniewski 4950
 Double Pinochle: Ray Dudek



High Score for the month of AUGUST is Ed Long – 19,310

FRIDAY AFTERNOON PINOCHLE

August 21, 2015

Ed Long 5060
 Ray Dudek 4950
 Arlene Griswold 4860

August 28, 2015

Tom Tyszko 5740
 Arlene Griswold 4940
 Betty Korzeniewski 4920
 Double Pinochle: Dee Griewisch

September 4, 2015

Betty Korzeniewski 5660
 Josie Wierczynski 5320

September 11, 2015

Dee Griewisch 5400
 Betty Korzeniewski 5380
 Double Pinochle: Arlene Griswold



September 18, 2015

Marian Genovese 5210
 Sara Azeez 5150
 Dee Griewisch 4930
 Double Pinochle: Betty Korzeniewski

Spooky Halloween Word Search



APPLE
CANDYCORN
COWBOY
HALLOWEEN
MASK
MUMMY

SKELETON
VAMPIRE
BAT
CHOCOLATE
FRIGHT
HAUNTED

MONSTER
PARTY
SPOOKY
WITCH
BLACKCAT
COSTUME

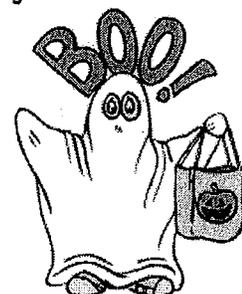
GHOST
JACKOLANTERN
MOON
SCARY
TRICKORTREAT

Halloween Jokes

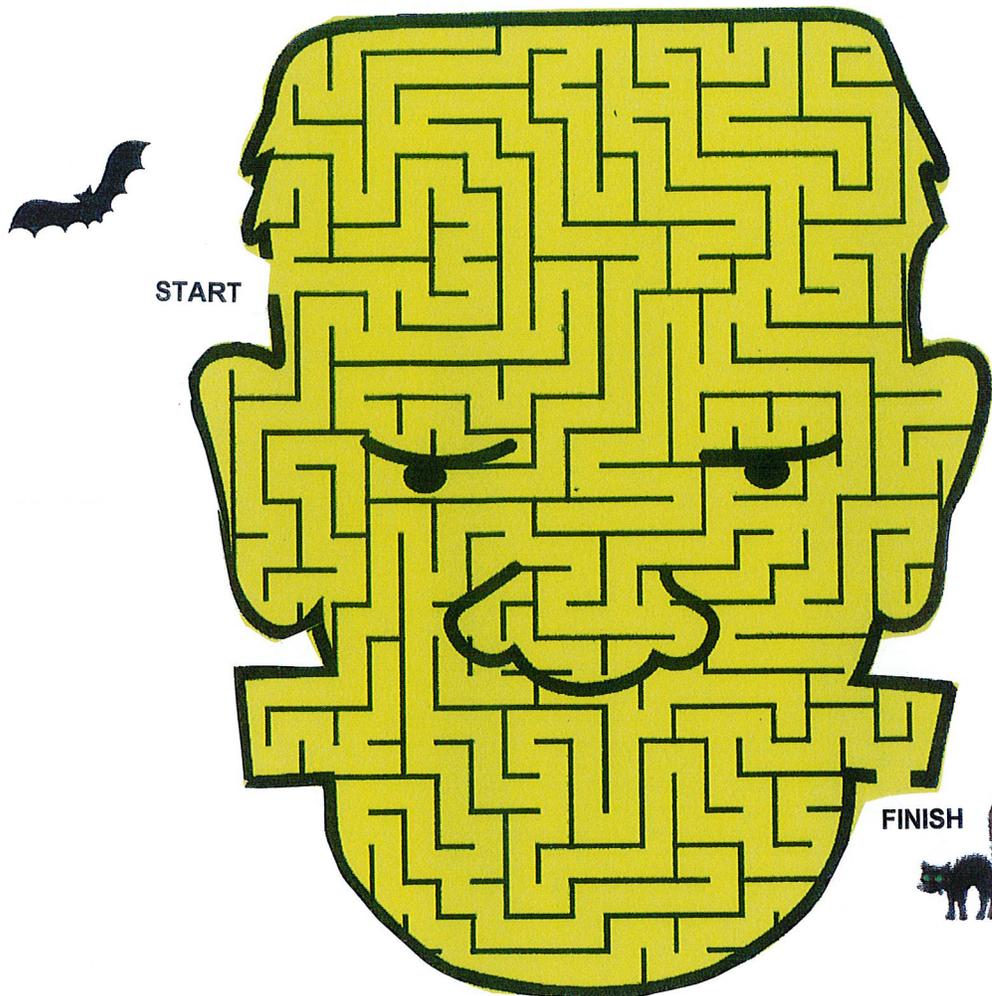
Q: What do goblins and ghosts drink when they're hot and thirsty on Halloween?
A: Goul-aid!!

Q: What do you call a witch who lives at the beach?
A: A sand-witch.

Q: What kind of instrument does a skeletons play?
A: Trom-BONE.



FRANKENSTEIN MAZE



HALLOWEEN SCRAMBLER

- | | |
|---------------|-----------|
| 1. mkspuinp | 1. _____ |
| 2. ndcay | 2. _____ |
| 3. meizbo | 3. _____ |
| 4. rvpmaie | 4. _____ |
| 5. lehenowla | 5. _____ |
| 6. mecssotu | 6. _____ |
| 7. oetnkcls | 7. _____ |
| 8. eartt | 8. _____ |
| 9. auenhtd | 9. _____ |
| 10. ikrtc | 10. _____ |
| 11. earroccsw | 11. _____ |
| 12. isobgln | 12. _____ |
| 13. sotmenbot | 13. _____ |

**TRICK
OR
TREAT**



ANSWERS: pumpkins, candy, zombie, vampire, Halloween, costumes, skeleton, treat, haunted, trick, scarecrow, goblins, tombstone