



Senior Center Action News

*Happy
Thanksgiving*



Co-Coordinator

Barbara Bajdas, President/Vice-President
Carol Kozlowski, Secretary/Treasurer

Board of Directors

Nancy Crandall Robert Sobczak
Patricia Kibbe Nancy Woloszyn
Cheryl Sheedy



Senior Citizens Center of Dunkirk, Inc.
45 Cliffstar Court
Dunkirk, New York 14048
366-7530

November 2014





DUNKIRK SENIOR CENTER
45 Cliffstar Court
Dunkirk, New York 14048
(716) 366-7530

A Note From the Coordinators

Dear Members:

We would like to start this month by thanking you for all you do to make our Senior Center what it is today. We really are a happy family of 535. We are what we are because of everyone's efforts. We accomplish a lot with very little expense and most of all there seems to be a great feeling of comradely among the members. We also thank you for making new people feel welcome. We have tried many different activities. Some work and some don't but you are always there to support us with your participation. If nothing else you can always get a good laugh at the Center.

The Center will be closed on Monday, November 10 to celebrate Veterans Day. Make sure you take the time to thank a veteran during this special month. We will also be closed on Thursday, November 27 to allow you to spend time with your families while you thank God for all that is good in your life.

Big Bingo will be played on Wednesday, November 12. If you have not tried this event think about attending. Lunch is good, free and you might even have some luck.

On November 17 we will be traveling to the Salamanca Casino. There may be a few seats left if you are interested.

This year we have scheduled an Early Bird Dues Party at the Center on Sunday, November 16. Music will be provided by the KO KO MO Band from 11:30 a.m. until 2:00 p.m. This is an informal event. Sandwiches, snacks and beverages will be available free of charge but we ask that you do re-new your dues. Dues for Dunkirk members are \$2.00 and for all others outside the city are \$6.00 This is a slight increase due to rising costs.

On December 15 we will travel to Presque Isle Casino in Erie, PA. Sign up will be accepted at the Early Bird Dues Party November 16. This cost is \$25.00 which includes a free play bonus of \$35.00.

We have been informed that the Office of the Aging lunch site will be closing due to low attendance. Any further information we receive will be passed along.

Most of our library books have been reassembled near the Ruggles Street entrance of the building. We thank Dolores Dudek for taking time to re-organize them.

Our weight reduction group is trying their hardest. The painters are doing a fine job and the insurance companies are holding their open enrollment meetings as scheduled. If you have any ideas regarding new programs, let us know.

Also if you are willing to staff or monitor these programs, let us know. We would like to use this Center to its fullest capabilities.

We wish each and every one of you and your families a very happy and peaceful Thanksgiving.

Sincerely,

Handwritten signature of Barbara Bajdas in cursive script.

Barbara Bajdas, Co-Coordinator

Handwritten signature of Carol Kozlowski in cursive script.

Carol Kozlowski, Co-Coordinator
Dunkirk Senior Center



NOVEMBER 2014

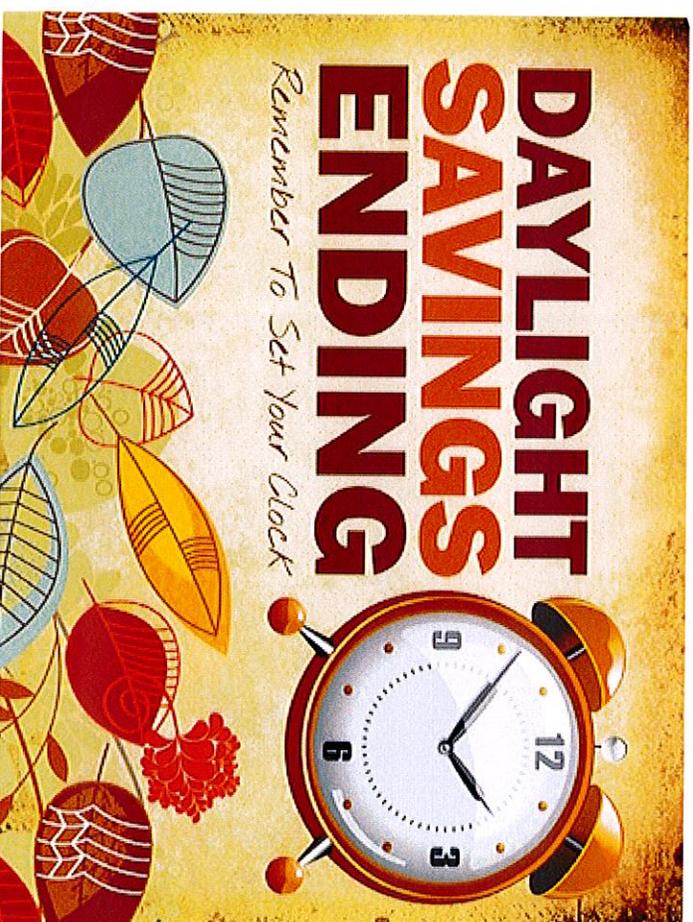


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Pinochle	4 9:30 Aerobics w/Catherine 12:00 Mah Jongg (Library)	5 9:00 Exercise w/Tiffany 10:00 Coffee Hour	6 9:30 Aerobics w/Catherine 11-3 Independent Health 1-3 Painters Club (Library)	7 9:00 Exercise w/Tiffany 1:00 Pinochle	8
9	10 Veterans Day Office Closed 	11 9:30 Aerobics w/Catherine 12:00 Mah Jongg (Library)	12 9:00 Exercise w/ Tiffany 10:00 Coffee Hour 1-3 Blue Cross/Blue Shield TV Room 4:00 BIG Bingo	13 9:30 Aerobics w/Catherine 11-3 Independent Health 1-3 Painters Club (Library)	14 9:00 Exercise w/Tiffany 1:00 Pinochle	15
16 11:30-2:00 Early Dues Membership Party	17 9:00 Exercise w/Tiffany 10:00 Seneca Allegany Casino Trip 10:00 Coffee Hour 1:00 Pinochle	18 9:30 Aerobics w/Catherine 12:00 Mah Jongg (Library)	19 9:00 Exercise w/Tiffany 10:00 Coffee Hour 11-3 United Healthcare (TV Room) 1:00 Lake Shore Sr. Mtg.	20 9:30 Aerobics w/Catherine 11-3 Independent Health 1-3 Painters Club (Library)	21 9:00 Exercise w/Tiffany 1:00 Pinochle	22
23 /	24 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Pinochle	25 9:30 Aerobics w/Catherine 12:00 Mah Jongg (Library)	26 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1-3 Blue Cross/Blue Shield	27 Happy Thanksgiving Center Closed	28 9:00 Exercise w/Tiffany 1:00 Pinochle	29
30 /						

DUNKIRK SENIOR CENTER CALENDAR OF EVENTS - NOVEMBER 2014
YOU MAY VISIT THE CITY WEBSITE AT WWW.CITYOFDUNKIRK.COM

JUST A REMINDER....

**REMEMBER TO TURN YOUR CLOCKS BACK 1 HOUR
ON SUNDAY, NOVEMBER 2**



Attachment 1

IMPORTANT DATES TO REMEMBER

Monday, November 10	Senior Center Closed – <i>Veterans Day!</i> Thank a veteran for serving our country and protecting our freedoms
Wednesday, November 12	BIG Bingo – Great fun filled afternoon with friends
Sunday, November 16 (11:30 – 2:00 p.m.)	Early Bird Dues Party – 2015 membership dues. Enjoy a light lunch & refreshments with paid dues. Sing and dance to the music provided by KO KO MO Band
Sunday, November 16	Sign up for trip to Presque Isle Casino (December 15) Registration begins 11:30 a.m. – 2:00 p.m.
Monday, November 17	Seneca Allegany Casino – Don't be turkey, be a "WINNER" Try your luck at your favorite slot machine, wheel or table game
Thursday, November 27	Senior Center Closed – <i>Thanksgiving Day!</i> Gobble Gobble
Monday, December 15	Presque Isle Casino Trip – 6 hours of holiday fun

May your stuffing be tasty
May your turkey plump.
May your potatoes and gravy
Have nary a lump.



May your yams be delicious
And your pies take the prize.
And may your Thanksgiving dinner
Stay off your thighs!



Veterans Day Facts



Veterans Day is celebrated every year on November 11.

Some people wear a special flower on Veterans Day. They wear a poppy to remember those who have died in battle.

In 1968, Veterans Day was changed to the fourth Monday in October. Americans wanted to keep the holiday on November 11. It was changed back in 1978.

In Great Britain and France, Veterans Day is still called Armistice Day. In Canada, it is called Remembrance Day.

There is a special ceremony at the Tomb of the Unknown Soldier every Veterans Day. The tomb is in Washington, D.C. The President of the United States talks and puts a wreath on the tomb.



AMERICAN HEROES

Veterans Day - November 11

**THE DUNKIRK SENIOR CITIZEN'S
BOARD OF DIRECTORS
ARE SPONSORING**

"BIG BINGO"

Wednesday, November 12

Wednesday, December 10



**Dunkirk Senior Citizen's Center
45 Cliffstar Court
Dunkirk, NY
366-7530**

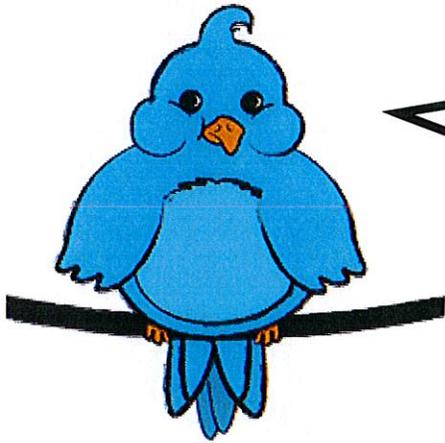
Doors open at 4:00 p.m.

Complimentary lunch, snacks & beverage at 4:30 p.m.

Bingo will be played at 5:00 p.m.

**Come down and enjoy the fun and please bring a friend.
Bingo boards must be purchased at the door.**

Please bring your own daubers if you have them!



**COME JOIN US...
WE'RE HAVING A
2015 EARLY BIRD
DUES PARTY**

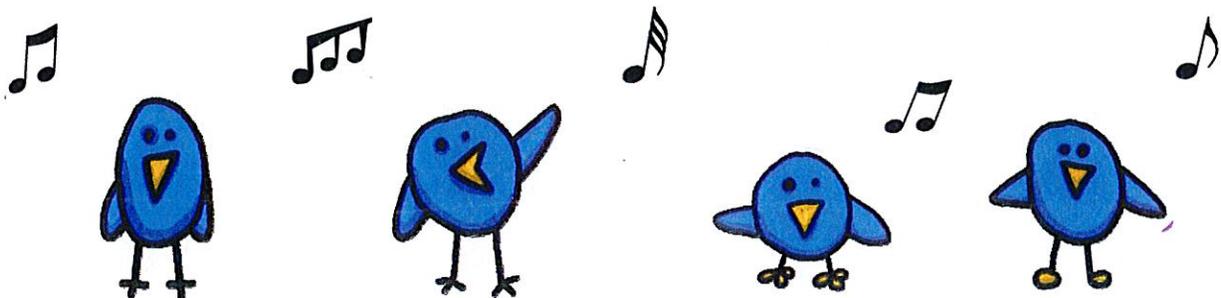
SUNDAY, NOVEMBER 16, 2014

11:30 a.m. – 2:00 p.m.

**DUES - \$2.00 (City of Dunkirk Residents)
\$6.00 (Non-City Residents)**

FREE Light Refreshments
(sandwiches, snacks & beverage with 2015 paid dues)

MUSIC will be provided for your
entertainment by **KO KO MO BAND**



Dunkirk Senior Center
Travel Committee
Presents:

FOLLOW SANTA'S SLEIGH **TO** **PRESQUE ISLE CASINO**



Monday, December 15, 2014
Cost: \$25.00

Departure Time: 10:00 a.m.
Return Time: Approx. 4:30-5:30 p.m.

Trip will include:

Bus Transportation & Driver's Gratuity
\$35.00 Casino Bonus (No Food Allowance)
2 - \$5.00 Cash Prizes on the Bus
Goodie Bags
50-50 Drawing

Lots of **HO HO HO Fun, Laughs & Memories**

Registration for trip will begin Sunday, November 16, 2014

The Dunkirk Senior Center
45 Cliffstar Court – Dunkirk, NY 14048
(716 366-7530)

From 11:30 a. m. to 2:00 p.m.

Please bring your Presque Isle Gaming Slot card at time of sign up

First Come – First Served
No Refunds

**A Senior Moment
Is just a
Wrinkle
in Time**

ADULT TRUTHS

1. I think part of a best friend's job should be to immediately clear your computer history if you die.
2. Nothings stinks more than that moment during an argument when you realize you're wrong.
3. I totally take back all those times I didn't want to nap when I was younger.
4. There is a great need for a sarcasm font.
5. How the hell are you supposed to fold a fitted sheet?
6. Was learning cursive really necessary?
7. Map Quest really needs to start their directions of #5. I'm pretty sure I know how to get out of my neighborhood.
8. Bad decisions make good stories.
9. I can't remember the last time I wasn't at least kind of tired.
10. I keep some people's phone numbers in my phone just so I know not to answer when they call.
11. I think the freezer deserves a light as well.
12. I disagree with Kay Jewelers. I would bet on any given Friday or Saturday night more kisses begin with Miller Lite than Kay.
13. How many times is it appropriate to say "What?" before you just nod and smile because you still didn't hear or understand a word they said?

WISDOM FOR SENIORS

The best way to forget all your troubles is to wear tight shoes.

The nice part about living in a small town is that when you don't know what You're doing, someone else does.

The older you get, the tougher it is to lose weight because by then your body and your fat are really good friends.

I read this article that said the typical symptoms of stress are: eating too much, impulse buying, and driving too fast. Are they kidding? That is my idea of a perfect day!

I know what Victoria's Secret is. The secret is that nobody older than 30 can fit into their stuff.

Do you enjoy playing pinochle?? If you do, why don't you join the Dunkirk Senior Pinochle group that meets on Mondays and Fridays at the Dunkirk Senior Center at 1:00 p.m. It's a great time and it is not expensive. Just \$1.00 a week and that is all returned to you in the form of table prizes. There is a prize for the monthly high score. So think about it and come down and join the fun. The following is the latest weekly/monthly winners.

High Score for the month of September is Paul Luczkowiak - 5890

MONDAY AFTERNOON PINOCHLE

September 29, 2014
 Ed Long 5320
 Arlene Griswold 5310
 Jeanne Hauser 4940
 Betsy Standera 4870
 Double Pinochle: Dee Griewisch

October 6, 2014
 Dee Griewisch 5090
 Paul Luczkowiak 5060
 Betty Korzeniewski 4510

October 13, 2014

NO PINOCHLE
 COLUMBUS DAY

October 20, 2014

Dee Griewisch 5640
 Paul Luczkowiak 5280 (tie)
 Nora Harris 5280 (tie)
 Ed Long 5200

High Score for the month of September is Paul Luczkowiak - 6020

FRIDAY AFTERNOON PINOCHLE

September 26, 2014
 Ed Long 5680
 Nora Harris 5560
 Double Pinochle: Ed Long

October 3, 2014
 Ray Dudek 5660
 Ed Long 5550

October 10, 2014
 Dee Griewisch 5030
 Ed Long 4750
 Ray Dudek 4700
 Double Pinochle: Nora Harris

October 17, 2014
 Arlene Griswold 5490
 Paul Luczkowiak 5320
 Dee Griewisch 5070
 Double Pinochle: Betsy Standera



Card Players Quote:

Life consists not in holding good cards but in playing those you hold well.



HAPPY BIRTHDAY!!



November Birthdays

Pauline Cherry	(November 1)	Rosemary Parisi	(November 17)
Christine Klineiger	(November 1)	Daniel Bauman	(November 18)
Rita Mrowka	(November 1)	John Ceranowicz	(November 18)
Claudia Szczerbacki	(November 1)	Donald Kaminski	(November 22)
Joseph Portman	(November 4)	Susan Newcomb	(November 23)
Nancy Wilson	(November 4)	Mary Dworak	(November 25)
Judy Calarco	(November 6)	Joyce Pietrkiewicz	(November 25)
Mary Engwall	(November 6)	Ana Soltren	(November 25)
Elizabeth Wise	(November 9)	Rose Cerrie	(November 26)
Lillian Polasik	(November 10)	Jane Penhollow	(November 27)
Pat Gloss	(November 11)	Lola Schanzlin	(November 27)
Carol Portman	(November 11)	Albertine Jakubowicz	(November 28)
Carolyn Schmidt	(November 13)	MaryAnn Kluck	(November 28)
Fran Sullivan	(November 13)	Barbara Biondo	(November 29)
Nancy Renckens	(November 14)	Audrey CoyKendall	(November 29)
Robert Francher	(November 16)	Frances Price	(November 29)
Marilyn Guaraglia	(November 16)	Kenneth Sek	(November 29)
Jack Hood	(November 16)	Barbara Bajdas	(November 30)
Dorothy Merrill	(November 16)	Barbara Szalkowski	(November 30)

IMPORTANT PHONE NUMBERS

Dunkirk Senior Center.....	366-7530
Chautauqua County Office for the Aging.....	363-4471
Dr. Mary Ann Spanos	
Chautauqua County OFA Senior Services.....	363-3865
Kate Finch	
Chautauqua County Veterans Services.....	268-6030
Lori Dispenza	
CARTS.....	366-4500
Newsletter Coordinator.....	366-9885
Patricia Pleszewski	

In Loving Memory of Our Senior Citizen Members

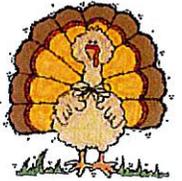
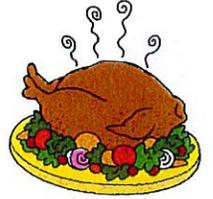
Richard J. Boorady (September 24), Audrey A. Begier (September 25)

Phyllis F. Poloncarz (October 14) and Eleanor (Ellie) Dietzen (October 15)



★ Perhaps they are not stars in the sky, but rather openings in Heaven where our loved ones shine down to let us know they are happy.

THANKSGIVING WORD SEARCH



S M K E Y L E Z I A M C N N
 P U M P K I N G G K A O G Z
 M C M R G L G M C O L O N Y
 O M O C R H L F F T T K I X
 B S D S Q U A S H S E D V P
 A S E C O R N M A E A D I I
 J E E I P A D E E V G W G L
 E N R T I L F M Y R N J S G
 O K F D T K Y E S A I L K R
 O C N R G L K M E H F C N I
 L I I P I R E W O L F Y A M
 B S G M U L A R B U U W H S
 Z F A T P O D V S I T U T A
 J F A L L S M A Y H S H Z B



AMERICA
COLONY
COOK
CORN
ENGLAND
FALL
FAMILY
FEAST

GRAVY
HARVEST
INDIANS
MAYFLOWER
PIE
PILGRIMS
PLYMOUTH
PUMPKIN

SETTLERS
SQUASH
STUFFING
THANKSGIVING
TURKEY
YAMS



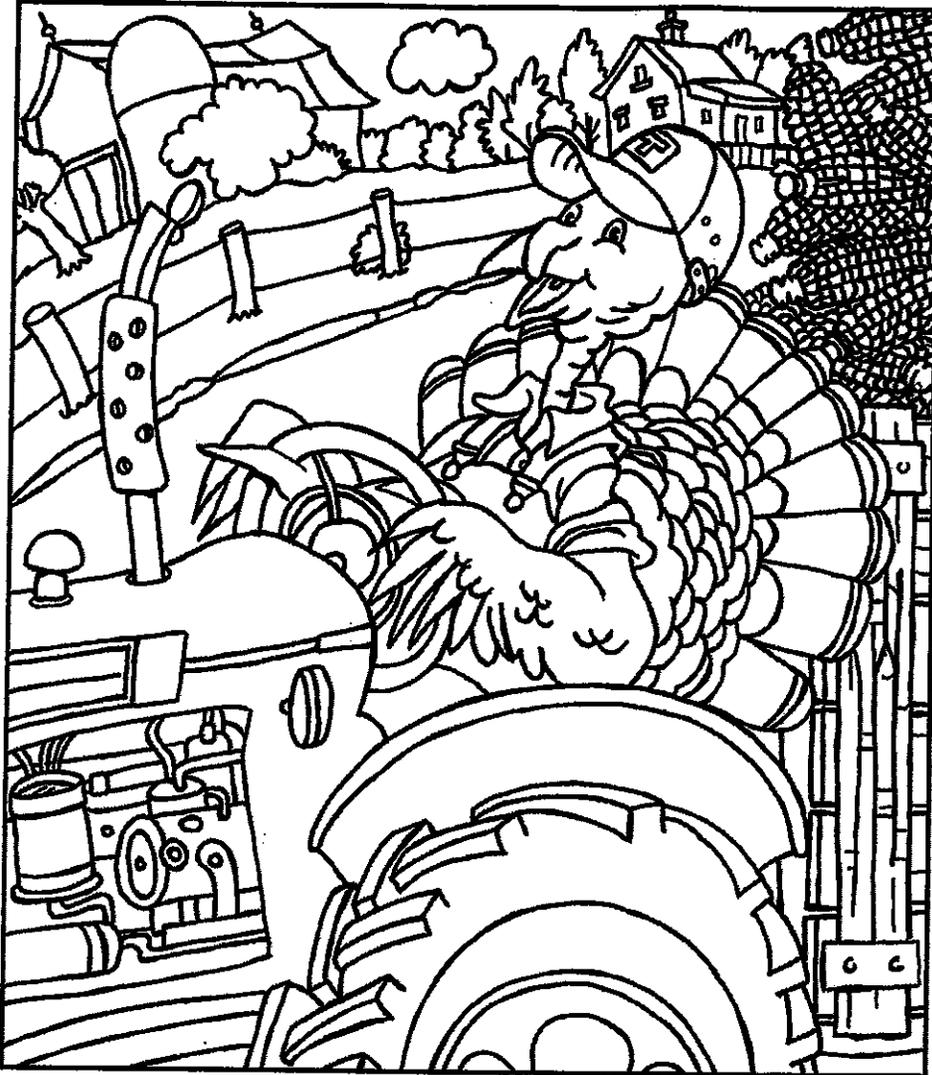
Thanksgiving Day Jokes

- Q: Who is not hungry at Thanksgiving?
 A: The turkey because he's already stuffed!
- Q: What was the turkey suspected of?
 A: Fowl play.
- Q: What's a turkey's favorite song?
 A: "I'm Dreaming of a White Christmas"



TURKEY ON A TRACTOR

CAN YOU FIND THE HIDDEN PICTURES?



In the big picture, find these objects.

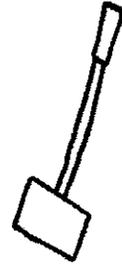
02244



spoon



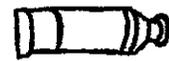
bowl



spatula



pushpin



tube of toothpaste



slice of cake



open book



ring



bell



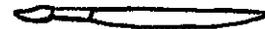
radish



pencil

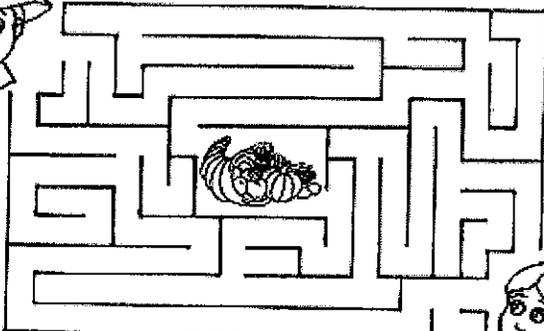


magnifying glass



artist's brush

Thanksgiving Maze



As the Thanksgiving season approaches, remember: All it takes is one undercooked turkey, and you'll be the "dinner rolls" and "soda" person for life.

