

Senior Center Action News



Co-Coordinates

Barbara Bajdas, President/Vice-President
Carol Kozlowski, Secretary/Treasurer

Board of Directors

Barbara Barberich **Julian Niedbalski**
Nancy Crandall **Delphine Woloszyn**
Irene Christopher

Senior Citizens Center of Dunkirk, Inc.
45 Cliffstar Court
Dunkirk, New York 14048

May 2013



DUNKIRK SENIOR CENTER

45 CLIFFSTAR COURT

DUNKIRK, NEW YORK 14048

(716) 366-7530

April 19, 2013

A Note From The President:

April showers bring May flowers and at the Dunkirk Senior Center surprises will also be sprouting in the form of gift cards and senior saver dollars. Our goal is to encourage participation in events sponsored by the Center. We hope you enjoy this endeavor.

Please keep your May Calendar of Events handy. There are many different events for you to participate in. Whether you choose to exercise, play cards, enjoy horse racing, playing bingo or learn how to make a will, there is something for everyone. We are hoping for nice weather and blooming lilacs for our sold out Rochester trip and for good luck when we travel to the Presque Isle Casino this month. The May 19 Sunday Gala will be the last one until fall. In its place the Center will sponsor an Ice Cream Social on Thursday, June 13 and Tuesday, August 6. In July we will try a limited Potluck Dinner. If it is successful we will expand future dinners.

Our Big Bingo events are becoming more popular each month. Think about spending a couple of hours with us as we enjoy a delicious complimentary meal together.

Due to the lack of ample bonuses offered at other casinos, I found it necessary to work out a special arrangement with the D&F Travel Company. We will be traveling to Salamanca on Tuesday, June 11, Thursday, July 25 and Thursday, August 8. The price is \$25.00 with a \$35.00 bonus play. Departure time for all trips is 11:30 a.m. Sign ups will begin on Monday, May 6 and Tuesday, May 7. You may choose to sign up for as many trips as you wish.

We now have a newly formed baseball team called the "Senior Sluggers". We hope to raise money for charity while exercising and having a lot of fun. We are currently recruiting our competition. We will play under a reasonable set of rules suitable for seniors. Many of our positions are filled, but we are still in need of others with a sense of humor. Our practices will be scheduled soon. Interested parties may contact Delphine Woloszyn, Carol Kozlowski or me with any questions you may have.

Please continue to participate in any or all of our senior programs. We value your patronage and appreciate your ideas and suggestions.

This month we would like to especially thank all of our mothers and grandmothers on their special day – May 12th. We would also like to thank all of our veterans as Memorial Day approaches. We owe you so much and our gratitude cannot be measured. Thank you. Have a safe and happy holiday.

Sincerely,

A handwritten signature in cursive script that reads "Barbara Bajdas".

Barbara Bajdas, President
Dunkirk Senior Center

BB/pjp



MAY 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Lake Shore Sr. Mtg.	2 9:30 Aerobics w/Catherine	3 9:00 Exercise w/Tiffany followed by Kentucky Derby Party	4
5	6 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Pinochle	7 9:30 Aerobics w/Catherine 12:00 Mah Jongg	8 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Lake Shore Sr. Mtg.	9 9:00 Dk. Senior Board Mtg. 9:30 Aerobics w/Catherine	10 9:00 Exercise w/Tiffany	11
12 MOTHER'S DAY 	13 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Pinochle	14 9:00 Lilac Festival Bus Trip 9:30 Aerobics w/Catherine 12:00 Mah Jongg	15 9:00 Exercise w/Tiffany 10:00 Coffee Hour 4:00 BIG Bingo	16 9:30 Aerobics w/Catherine followed by Preakness Drawing	17 NO Exercise Class 10:00 Gala Setup	18 GALA PREP
19 SUNDAY GALA	20 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Pinochle 4:00 AARP—Local 299 Meeting	21 9:30 Aerobics w/Catherine 10-12 Blue Cross & Blue Shield 12:00 Mah Jongg	22 9:00 Exercise w/Tiffany 10:00 Coffee Hour 4:00 Lake Shore Seniors Dinner - Kosciuszko Club	23 9:30 Aerobics w/Catherine 11:30 Presque Isle Casino Bus Trip	24 9:00 Exercise w/Tiffany	25
26 SENIOR CENTER CLOSED MEMORIAL DAY 	27	28 9:30 Aerobics w/Catherine 12:00 Mah Jongg - Library	29 9:00 Exercise w/Tiffany 10:00 Coffee Hour 1:00 Lake Shore Sr. Mtg.	30 9:30 Aerobics w/Catherine 1:00-5:00 OFA – Law Seminar (Wills, Health Care Proxy, Medicare Fraud & Future) 2 sessions	31 9:00 Exercise w/Tiffany	

**Happy's
Mother's
Day**

A decorative arrangement of stylized flowers and leaves in shades of gray, positioned around the text. The flowers have multiple petals and a central circular element, while the leaves are simple, pointed shapes.

Gala Sunday

Sunday, May 19, 2013

Lunch served at 12:15 p.m.

Menu Featuring:



Roast Beef with Potatoes
Mashed Potatoes

SOLD OUT

Dessert
Coffee/Tea

Hor'dourves...Punch...Bingo...Cards...Prizes

Doors open at 11:00 a.m.

Cost: \$4.00 per member

Sign-up will begin on Tuesday, April 2, 2013 at
The Dunkirk Senior Center
45 Cliffstar Court
Dunkirk, New York 14048
(716) 366-7530

First 100 Reservations Accepted - No Refunds
(MENU SUBJECT TO CHANGE)

**Dunkirk Board of Directors
Sponsored Bus Trip**

to

PRESQUE ISLE CASINO

(ERIE GAMING)

Cost: \$25.00 per member

Thursday, May 23rd

**Departure 7:00 a.m.
7:00 p.m.**

SOLD OUT

Trip will include:

**Bus Transportation & Driver's Gratuity
\$30.00 Casino Bonus
No Food Allowance
Other Prizes & Raffles**

**Registration for trip will begin Monday, April 2, 2013 at
The Dunkirk Senior Center
45 Cliffstar Court – Dunkirk, NY
9:00 a.m. – 12:00 noon weekdays**

**MUST BRING YOUR GAMING CARD AT TIME OF SIGN UP
OR PICK UP APPLICATION CARD IN THE OFFICE**

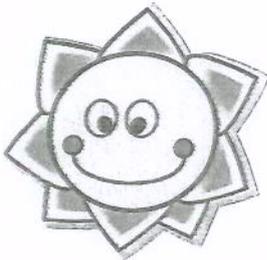
**First Come – First Served
NO REFUNDS**

Dunkirk Senior Citizens

Board of Directors

Are Sponsoring a

**SUMMER SUNSATIONAL
SENECA ALLEGANY LINE RUN
CASINO TRIP**



**Tuesday, June 11
Thursday, July 25
Thursday, August 8**



Cost: \$25.00 per member/per trip

Departure Time: 11:30 a.m.

Return Time: Approx. 6:30 p.m.

Trip to include:

2 - \$5.00 Cash Prizes

\$35.00 Casino Bonus Per Trip

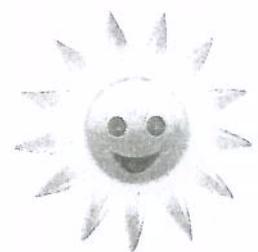
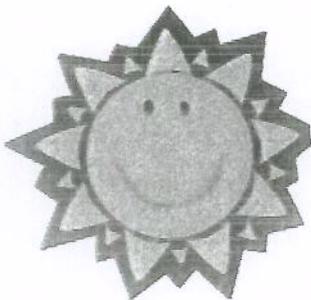
Registration for trips will begin Monday, May 6th, 2013

You may sign up for 1, 2 or all 3 trips

The Dunkirk Senior Center

45 Cliffstar Court - Dunkirk, NY

9:00 a. m. to 12:00 noon weekdays



First Come - First Served
No Refunds

THE DUNKIRK SENIOR CENTER

is having a
SUMMER



POTLUCK DINNER

Tuesday, July 9, 2013

5:00 p.m.

This event will be a trial. If it works out we may be able to expand attendance. The first dinner will be limited to 25 members and their guests (50 total). We are asking each member to bring a dish to pass that is ready to serve. We will ask you to keep your dish a surprise just to see what a variety we receive. Each guest will be assessed \$2.00. It is up to you whether you want to pay or have the guest pay. Guests may be other members.

The Senior Center will provide the table service and beverage. We will not plan a program but we might have a 50-50 raffle. We will also ask that members who bring dishes or pans, to please take them home the day of the event because we do not want to be responsible for them.

We think this might be fun, and an opportunity to eat out and socialize.

Please contact Carol Kozlowski at 366-5597 if you have any questions.

**THE DUNKIRK SENIOR CITIZEN'S
BOARD OF DIRECTORS
ARE SPONSORING**

“BIG BINGO”

**Wednesday, May 15
Wednesday, June 19
Wednesday, July 17
Wednesday, August 14**

**Dunkirk Senior Citizen's Center
45 Cliffstar Court
Dunkirk, NY
366-7530**

**Doors open at 4:00 p.m.
Complimentary lunch, snacks & beverage at 4:30 p.m.
Bingo will be played at 5:00 p.m.**

**Come down and enjoy an afternoon of fun
and please bring a friend.**

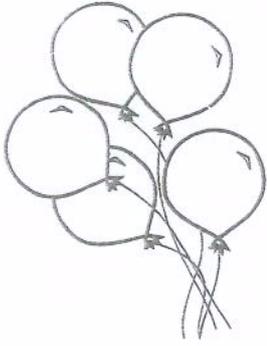
Bingo boards must be purchased at the door.

Please bring your own daubers if you have them!

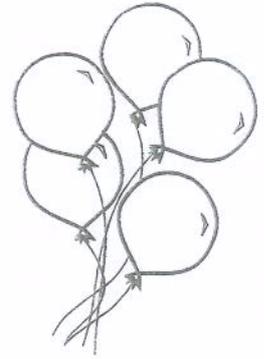
Come On Caller...



Make ME Holler!



HAPPY BIRTHDAY!!



May Birthdays

Rose Lancaster	(May 2)	Ellie Dietzen	(May 17)
Jeanine Smith	(May 2)	Grace Grimes	(May 17)
Judy Marino	(May 4)	Joyce Purol	(May 19)
Rose Schrantz	(May 4)	Anna Marie Roman	(May 19)
Betty Bartkowiak	(May 5)	Carrie Gawronski	(May 21)
Rosa Vega	(May 5)	Jeanne Pagano	(May 21)
Ethel Boorady	(May 6)	Ann Cohen	(May 22)
Norma Cruz	(May 6)	Sandra Niedwiecki	(May 22)
Patricia Pacos	(May 6)	Barbara Tower	(May 22)
Jane Russo	(May 6)	Ginny VanDenVouwer	(May 22)
Marie Aniszewski	(May 7)	Barbara Barnes	(May 23)
David Jagoda	(May 7)	Carol Kozlowski	(May 23)
Linda Dietaman	(May 8)	MaryJo Siragusa	(May 23)
Linda Scholl	(May 9)	Delores Borrello	(May 24)
Israel Morales	(May 10)	Diane Lokietek	(May 25)
Dolores Campbell	(May 11)	Beulah Williams	(May 25)
Sandra Sobczak	(May 12)	Patricia Ebert	(May 28)
Bobbi Shaw	(May 13)	Ann Mahon	(May 28)
Audrey Woloszyn	(May 14)	Dorothy Cooper	(May 30)
Jug Jensen	(May 15)	Evelyn Whalen	(May 30)
RuthAnn Moscato	(May 15)	Pauline Wisniewski	(May 30)
Patricia Kaus	(May 16)	Ed Rusch	(May 31)
Henry Walldorf	(May 16)		

Note: If we missed your birthday, please let us know. Thanks!



IMPORTANT PHONE NUMBERS

Dunkirk Senior Center.....	366-7530
Dunkirk Luncheon Site.....	363-3844
MaryJo Siragusa	
Chautauqua County Office for the Aging.....	363-4471
Dr. Mary Ann Spanos	
Chautauqua County OFA Senior Services.....	363-3865
Kate Finch	
Chautauqua County Veterans Services.....	363-3842
Jim Hurley	
CARTS.....	366-4500
Newsletter Coordinator.....	366-9885
Patricia Pleszewski	

Do you enjoy playing pinochle?? If you do, why don't you join the Dunkirk Senior Pinochle group that meets on Mondays at the Dunkirk Senior Center, at 1:00 p.m. They have a great time and it is not expensive. Just 25¢ a week and that is all returned to you in the form of table prizes. There is a prize for the monthly high score. So think about it and come down and join the fun. The following is the latest weekly winners.

High Score for the month of March: Jug Jensen 6050

March 25, 2013

Gertie Syper	5540
Marion Genovese	5520
Jenny Kubera	5450
Betty Korzeniewski	4910

April 1, 2013

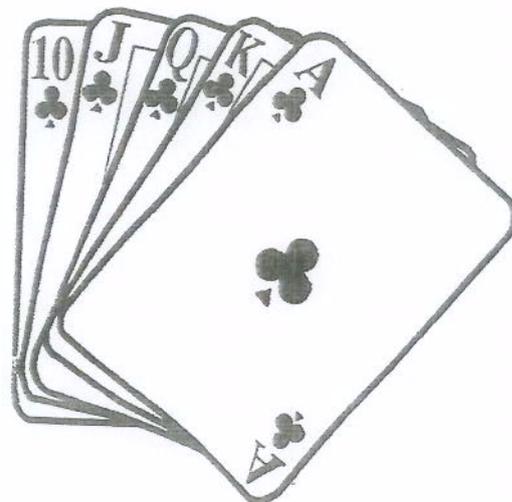
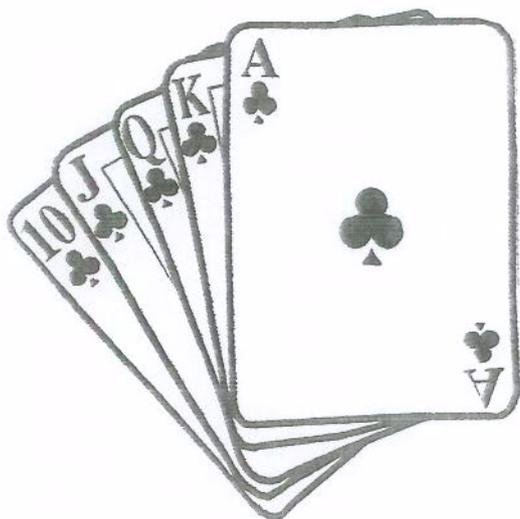
Jug Jensen	6410
Gert Majka	5590
Jenny Kubera	5310
Ray Dudek	5310
Double Pinochle: Nancy Crandall	

April 8, 2013

Jeanne Hauser	5900
Betty Korzeniewski	5460
Jug Jensen	5460
Double Pinochle: Marion Genovese	

April 15, 2013

Nancy Jones	5770
Marion Genovese	5770
Nancy Crandall	5690
Jeanne Hauser	5560
Emily Wilcox	5350
Double Pinochle: Jeanne Hauser	

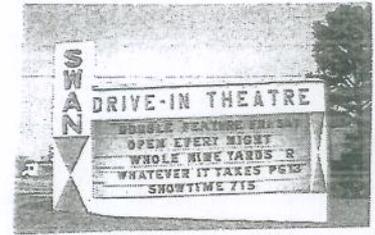


Pinochle Player Quote:

“Life is like a hand of cards. You have to play the hand you’re dealt, you can’t win by folding, and sometimes you must take chances in order to win.”

Author Unknown

A Senior Moment is just a **Wrinkle** in Time



THERE WILL BE A TEST.....
CAN YOU REMEMBER?

1. Candy cigarettes?
2. Wax-coke shaped bottles with colored sugar water inside?
3. Soda pop machines that dispensed glass bottles?
4. Coffee shops with tableside juke boxes?
5. Blackjack chewing gum?
6. Home milk delivery in glass bottles, with cardboard stoppers?
7. Party lines?
8. Newsreels before the movie?
9. P.F. Flyers?
10. Butch wax?
11. Telephone numbers with a word prefix? (Drexel-5505)
12. Peashooters?
13. Howdy Doody?
14. 78 RPM Records?
15. S&H Green Stamps?
16. Hi-fi's?
17. Ice metal trays, with levers?
18. Mimeograph paper?
19. Blue flash bulbs?
20. Beanie and Cecil?
21. Roller skate keys?
22. Cork popguns?
23. Drive-in Theatre?
24. Studebakers?
25. Wash tub wringers?



Now add up your score. If you remember 0 to 5, you're still young. If you remembered 6 to 15, you are getting older. If you remembered 16 to 25, you are older than dirt.

The Dunkirk Senior Citizen's
Board of Directors are sponsoring



TWO (2) - ICE CREAM SOCIALS

on
Thursday, June 13th & Tuesday, August 6th
at 6:00 p.m.



*Come on down out of the heat and cool down for
an ice cream treat!*

Menu to include: ice cream, assorted toppings,
whipped cream & cherries, cookies and beverages

Cost: \$1.00 per member

Sign up at the Senior Center Office beginning Tuesday, May 28, 2013

Must be prepaid!

Senior Saver Dollars Sponsored by The Dunkirk Senior Board



Beginning in late April and for the rest of the summer months of May, June, July and August, surprise drawings at all activities will be awarded in various amounts to be used however you want.

This is our way of thanking you for your participation in all the senior monthly programs. The more you come, the more often you can win. For example, you may come in and exercise or have lunch, be pleasantly surprised to find it is free on that particular day. No advance notices. We will post winners on the bulletin board at the event they were at.

Good Luck!

Barb Bajdas & Carol Kozlowski



Triple Crown Drawings

(Compliments of Dunkirk Senior Board)

Walmart gift certificates plus Senior Saver Dollars will be raffled on the following weeks: You will be given an entry in each of the scheduled activity during the scheduled week. You must be a member. Only one (1) entry per week.

1. Kentucky Derby Drawing held on Friday, May 3rd. This will include all people attending exercise with Tiffany (Monday-Wednesday-Friday).
(Week of 4/29 - 5/3)
2. Preakness Drawing - held on Thursday, May 16th. This includes all people attending aerobics with Catherine (Tuesday & Thursday).
(Week of 5/13 - 5/16)
3. Belmont Drawing - held on Friday, June 7th. This will include all people in pinochle, lunch site, and the Wednesday Lakeshore Senior Club.
(Week of 6/3 - 6/7)



The Senior Saver Dollars can be used thru 8/30/13 towards any activity. **NO CASH VALUE**



Mother's Day Word Search

HDVGRANDMAZAHZE
 MOTHERURENNIDGE
 RSNMEMORIESHSLT
 RSDOJSDRACHURPU
 PQCARINGAUNTEBB
 QRROSESDGDCNTOI
 SYCWKFESACKEHUR
 CPLFNTLYJGIRGQT
 XHTIOMDOAUEAUUK
 ILIVMNAJWTEPAEI
 SGELEAGYHECMDTS
 TDVIDNFGCARNOQS
 FVRSIRUUNMXSEHE
 IFNVOAEDUCQPKXS
 GOIWLVYNRMQGHAV
 SGNIVOLDBBWCIB



BRUNCH	GRANDMA
BOUQUET	HOME
CANDY	HUGS
CARDS	KISSES
CARING	LAUGHTER
CHILDREN	LOVING
DAUGHTERS	MAY
DEVOTED	MEMORIES
DINNER	MOTHER
FAMILY	PARENT
FLOWERS	ROSES
FRIEND	SONS
GIFTS	SUNDAY
GIVING	TRIBUTE

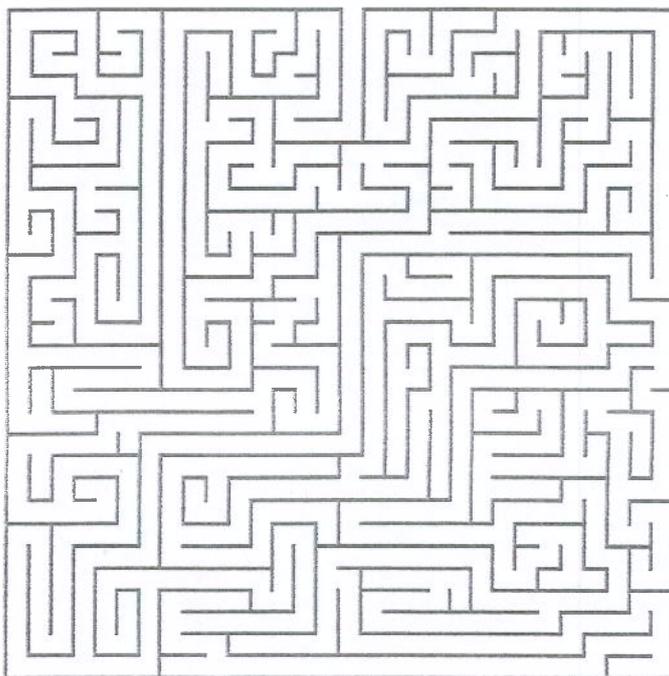
MEMORIAL DAY WORD SCRAMBLE ANSWERS:

- | | |
|-------------|-----------------|
| 1. CEMETERY | 8. VETERANS |
| 2. ANTHEM | 9. SALLUTE |
| 3. FLAG | 10. SOLDIERS |
| 4. WAR | 11. HONOR |
| 5. TAPS | 12. OBSERVANCE |
| 6. MEMORIAL | 13. FLOWERS |
| 7. GRAVES | 14. REMEMBRANCE |

Mother's Day Maze



START



← FINISH



Mothers

Hold their child's hand
for a moment
and their heart for a

Lifetime

MEMORIAL DAY WORD SCRAMBLE

- | | | |
|-----|-------|-------------|
| 1. | ----- | MTEECRYE |
| 2. | ----- | HTAEMN |
| 3. | ----- | GLFA |
| 4. | ----- | RWA |
| 5. | ----- | PSAT |
| 6. | ----- | LMOMREAI |
| 7. | ----- | RESGVA |
| 8. | ----- | RSEVTENA |
| 9. | ----- | TUSELA |
| 10. | ----- | SLDOESIR |
| 11. | ----- | ROOHN |
| 12. | ----- | ORNVECEBA |
| 13. | ----- | WLSORFE |
| 14. | ----- | CNRMEMBREEA |

MEMORIAL DAY



THERE ARE ONLY TWO WORDS THAT DESCRIBE THE MEANING OF MEMORIAL DAY. "THANK YOU"

**HOT
May 2013 - Hot Noon Menu**

1/2 pint 1% Milk served with each meal / Meals subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BBQ Grilled Chicken Patty on Bun Coleslaw Mixed Vegetables Fruit Crisp		3 Chicken Fingers Potato Salad Green Beans Juice, Biscuit Cake/M: no icing (Ketchup & Dip)
6 BBQ Ribette on Bun Baked Beans Carrots Fruit Dessert Chocolate Milk/ M: White		8 Philly Cheese Steak on Sub Roll Corn Tomato Juice Fruit Crisp		10 Sloppy Joe on Bun Green Beans Potato Salad Fruit Chocolate Milk/ M: White
13 Chicken Drumsticks Scalloped Potato Mixed Vegetables Bread Cake/ M: No icing (Margarine)		15 BBQ Chicken Calico Baked Beans Carrots Bread Fruited Gelatin (Margarine)		17 Salisbury Steak with Gravy Mashed Potatoes Beets, Bread Pie / M: Fruit (Margarine)
20 Spaghetti & Meatballs Broccoli, Bread Juice, Peaches (Margarine, Parmesan Cheese)		22 Roast Turkey w/ Gravy Stuffing Sweet Potato Juice Cake / M: No Icing (Cranberry)		24 BBQ Pork on Bun Coleslaw Carrots Baker's Choice Dessert (Margarine)
		29 Shepherd's Pie w/ Mashed Potatoes Zucchini Squash Juice, Biscuit Pudding/M: Diet (Margarine)		31 Italian Lasagna Broccoli Garlic Roll Tossed Salad Cookie (Marg. & Dressing)

COLD

CHAUTAQUA COUNTY OFFICE FOR THE AGING
SENIOR NUTRITION PROGRAM

CALL 505-3544
FOR RESERVATIONS

May 2013 - Alternate COLD Noon Menu

1/2 pint 1% Milk served with each meal / Meals subject to change

MAY

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 Egg Salad Sandwich Juice 24 Hour Fruit Dessert Pudding/M: Diet Pudding Chocolate Milk/M: White</p>		<p>8 Sliced Turkey Croissant Marinated Vegetables Fruit Muffin (Mayonnaise)</p>		<p>10 Tuna Salad Sandwich Potato Salad Juice Baker's Choice Dessert Chocolate Milk/M: White</p>
<p>13 Cold Cut Sub w/ Cheese Pasta Vegetable Salad Fruit Cake / M: No icing (Mayonnaise / Italian Dressing)</p>		<p>15 Seafood Salad Croissant Pineapple Coleslaw Gelatin Fruit</p>		<p>17 Chicken Salad Sandwich Pasta Vegetable Salad Fruit Pie / M: Graham Squares</p>
<p>20 Sliced Turkey Sandwich 3-Bean Salad Fruit Brownie/M: Diet Pudding (Mayonnaise)</p>		<p>22 Tuna Salad Sandwich Macaroni Salad Fruit Cake / M: No icing</p>		<p>24 Sliced Roast Beef Sandwich Green Pea Salad Applesauce Baker's Choice Dessert (Florscrodish Sauce)</p>
 <p>MEMORIAL DAY</p>		<p>29 Cottage Cheese Peaches, Pears Muffin</p>		<p>31 Ham Salad Sandwich 3-Bean Salad Pears</p>